

Fair Winds

THE CREVE COEUR SAILING ASSOCIATION NEWSLETTER

Available for download at www.sailccsa.com



July 2018

WINTER SOCIAL February 3

Race Day 1 April 22, 2pm

Race Day 2 May 6, 2pm

Race Day 3 June 3, 2pm

Race Day 4 June 10, 2pm

Race Day 5 June 24, 2pm

Race Day 6 July 8, 2pm

Race Day 7 July 22, 2pm

NAVAL BATTLE July 29, 2pm

Race Day 8 August 5, 2pm

RUBBER CHICKEN RACE & PICNIC Aug. 19, 2pm

Race Day 9 September 9, 2pm

Race Day 10 September 23, 2pm

Race Day 11 October 7, 2pm

Race Day 12 October 21, 2pm

FALL BANQUET November 17

BOATYARD CLEANUP DAYS

April 7, 8am

May 5, 8am

June 2, 8am

July 7, 8am

August 4, 8am

September 1, 8am

October 6, 8am

BOARD MEETINGS

January 22

February 26

March 26

April 23

May 21

June 25

July 23

August 27

September 24

October 22

2018 Dockside Dates

Commodore's Corner

HELLO EVERYONE,

We are well into our sailing season, so I hope everyone is having their fair share of sailing. We have had the usual amounts of different weather patterns, everything from high wind days with some capsizing to the light wind (no fun) slow days. But that it is what sailing is all about.



So far we have not had any race days that have been totally cancelled. Let's hope that continues. We have also been very successful with our boatyard clean up days. For those with boats in the yard, continue to come out on the scheduled days to help.

All members are required to help out with our dry race committee. If you are not scheduled or have not participated yet this year, let Megan Woodring know so she can put you on the schedule.

Thanks to John Millaire and Carolyn Niehoff, we now have a new brochure, which is available to hand out to any newcomers.

In the next months we will have our two "family fun days".

The Naval Battle is scheduled for July 29. Make sure you come out with family and friends and sail that day. Be warned, you will have fun and get wet.

The Rubber Chicken Race and picnic is scheduled for August 19. This is another fun day to sail around the lake, tossing rubber chickens. Afterwards, we will have our pot luck picnic at the Tremayne Shelter. Be prepared to bring a dish to share.



A-H side dish

I-R main dish

S-Z appetizer or dessert

We need some volunteers to help organize the picnic. We need two or three persons to arrive early to reserve the pavilion. If you can help, let me or a board member know.

Thank you and see you at the lake,

Chris Linneman

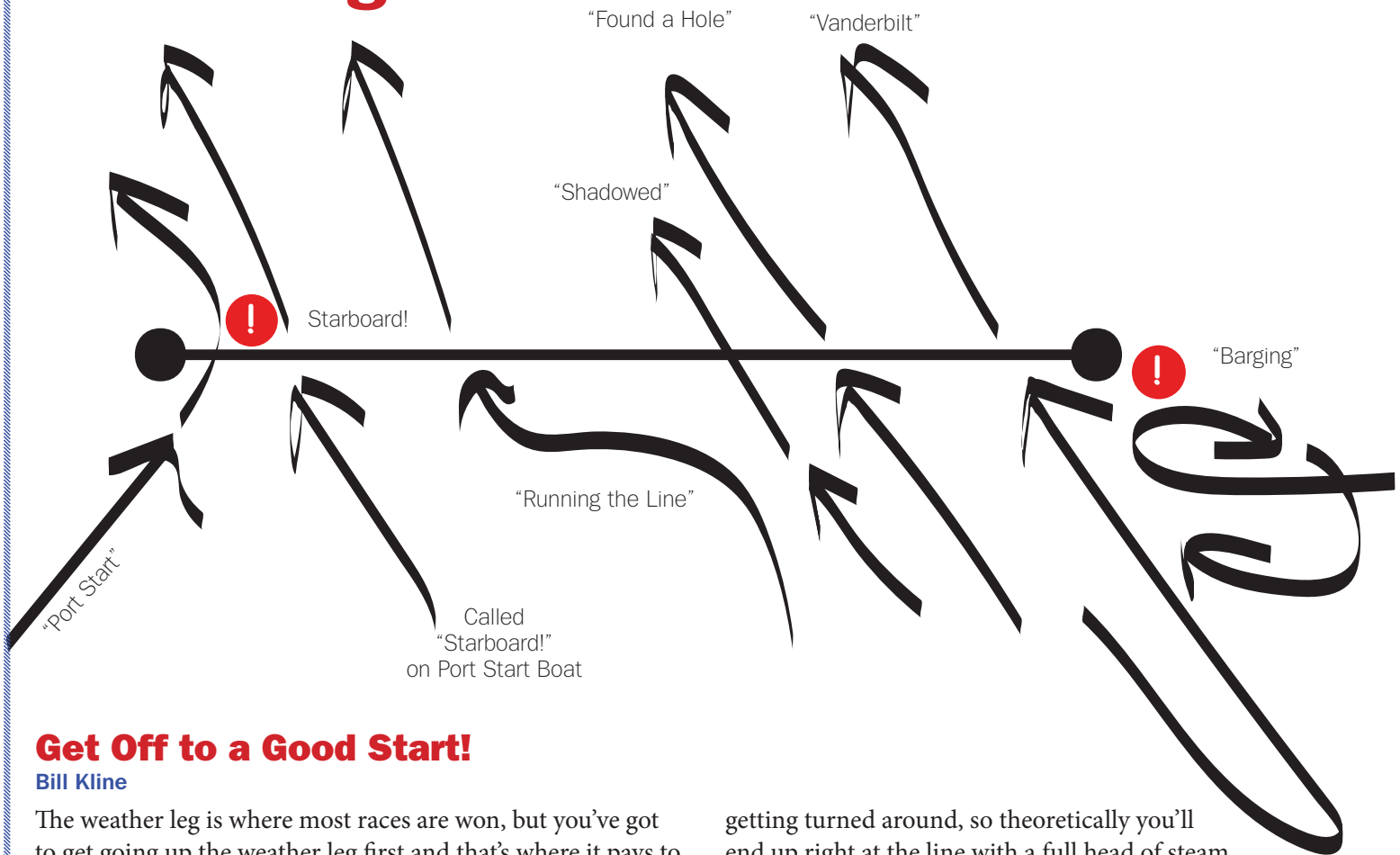
COMMODORE



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The Racing Rules



Get Off to a Good Start!

Bill Kline

The weather leg is where most races are won, but you've got to get going up the weather leg first and that's where it pays to get a good start. There are three elements to a good start: clear air, boat speed, and timing. Of the three, clear air is the most important.

You can't sail fast — or sail at all — if you are buried under another boat's wind shadow! The hard part is finding a hole on the line at the right time.

One way is to set up a bit early on port tack, then pick your spot and tack over onto starboard with about 30 seconds to go. That will allow you to accelerate after the tack and hit the line with good boat speed. Hitting the line right at the start is tough. It's easy to be early and then have to luff or jibe around. Either maneuver kills time, but also kills speed. Better to be a bit late, than too early.

Lots of sailors use a modified "Vanderbilt" start. With one minute to go, reach off from the end of the line for 25 seconds then tack or jibe back towards the line. Your speed on either reach should be about the same, and you'll use up 10 seconds

getting turned around, so theoretically you'll end up right at the line with a full head of steam.

When done right, you'll only need to round up and head for the windward mark. The problem with this method is that you'll be "barging" at the end of the line and the racing rules allow any boats below you to force you over the line early, or to peel you off at the end of the line. It's great fun to have a pile of boats all converging on the end of the line, but you can't sail

fast in a group. Use the Vanderbilt start if you like, but aim to hit the middle of the line, not the end, and you'll avoid the crowd at the buoy.

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The Racing Rules make port tack boats give way to starboard tack boats. Most of the time you'll want

to be on starboard tack at the start. There are days, however, when the starting line is biased towards a port tack start.

The fastest way to the weather mark is to be on the tack closest to the mark. If that's a port tack start, so be it - just keep and eye on starboard tack boats and be prepared to tack away, or duck! Better yet, start on starboard tack then tack over as soon as you are clear.